Understanding Disabilities, Inc.

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FOR IMMEDIATE RELEASE

DR. NED HALLOWELL TO SPEAK IN READING ON FINDING THE BURIED TREASURE IN ADD AND OTHER LEARNING DISABILITIES.

Dr. Ned Hallowell, nationally known ADHD expert, will be in Reading to present "Finding the Buried Treasure in ADD and other Learning Disabilities" on Mon. Oct 29 at 7 PM at the Reading Memorial High School Endslow Performing Arts Center. The talk is being sponsored by Understanding Disabilities, Inc., with generous funding support by the Harpley Foundation, a private donor, and the Reading Education Foundation. This community presentation is open to the public. Admission is \$10 per person/\$15 per family and includes a raffle ticket for a private consult with Dr. Hallowell, a \$450 value, in his Sudbury office.

In his presentation, Dr. Hallowell, a practicing child and adult psychiatrist and the founder of the Hallowell Center, will offer an introduction to the world of attention deficit disorder, including information on diagnosis and treatment in both children and adults. He will discuss the human experience of ADD/ADHD, the impact of ADD on the family and the various treatments available, as well as the directions of current research.

Dr Hallowell's goal is to help people master the power of ADD while avoiding its pitfalls. He will discuss what it's like to have ADD, explain some of the brain science behind it, and discuss what its implications are for how people learn.

Dr Hallowell will show audience members how to find the buried treasures in ADD and approach ADD as a gift that is difficult to unwrap rather than a disorder.

The talk should benefit all those with an interest in learning more about ADD, including those who have been diagnosed or are interested in learning about the symptoms of ADD; those who work

with children or adults in various settings; general and special education teachers; paraprofessionals; family members; and other members of the community.

The 30-minute consult that UD will be raffling off has been generously donated to UD by Dr. Hallowell. The consult will be conducted at The Hallowell Center, 144 North Road Suite 2450 in Sudbury, MA. The Hallowell Center for Cognitive and Behavioral Health is a full service (testing and treatment) outpatient multidisciplinary center specializing in ADHD, learning disabilities and other mental health conditions. The phone number is 978-287-0810.

Understanding Disabilities is a non-profit organization that has been presenting educational programming in the Reading Public Schools for 28 years. UD's goal is to teach children to see beyond people's disabilities and to focus on the ways that we're all the same inside. For more information on Dr. Hallowell's presentation or on Understanding Disabilities, contact UD at <u>UD@reading.k12.ma.us</u>.